



Smt. Jamnabai H. Wadhwa College of Technology (BCA)

And Kothari College of Management Studies (BMS)

Opp. Inlaks Hospital, Chembur Colony, Mumbai – 400 074. Tel.: 8291889881

E-mail : hemukalani_trust@yahoo.co.in. Website : www.sindhuputra.com

Report on Yoga Day

Academic Year 2016-2017

Name of Department	BCA-BMS
Name of event organized	Seminar
Title of the event	International Yoga Day Theme: Yoga for Health
Date of event organized	21/06/2017
Name of the coordinator of the event	Mrs. Reshmi Jolly, BCA Coordinator Mrs. Savita Patil, BMS Coordinator
Class of participant	<ul style="list-style-type: none"> • SY-TY BCA • SY-TY BMS
Name of the Expert with the designation	From Jankalayan Sahakari Bank
The objective of the event	<ul style="list-style-type: none"> • To make aware students of International Yoga Day • To make aware students of the theme.
The outcome of the Event	<ul style="list-style-type: none"> • It improves strength balance and Flexibility and also it gives knowledge” How to take care of our body”. • It also teaches discipline in our daily routine.

Photo Gallery

Hemu Director

SMT. J. H. WADHWA COLLEGE OF TECHNOLOGY
KOTHARI COLLEGE OF MANAGEMENT STUDIES
Opp. Inlaks Hospital, Chembur Colony,
Mumbai - 400 074. Tel.: 8291889881



Smt. Jamnabai H. Wadhwa College of Technology (BCA)

And Kothari College of Management Studies (BMS)

Opp. Inlaks Hospital, Chembur Colony, Mumbai – 400 074. Tel.:8291889881

E-mail : hemukalani_trust@yahoo.co.in. Website : www.sindhuputra.com

Report on Yoga Day

Academic Year 2017-2018

Name of Department	BCA-BMS
Name of event organized	Seminar
Title of the event	International Yoga Day Theme: Yoga for Peace
Date of event organized	21/06/2018
Name of the coordinator of the event	Mrs. Reshmi Jolly, BCA Coordinator Mrs. Savita Patil, BMS Coordinator
Class of participant	<ul style="list-style-type: none"> • SY-TY BCA • SY-TY BMS
Name of the Expert with the designation	Ms. Radhika Madhusudanan, Ms. Sulakshana Surti and Mr. Sujit Shinde.
The objective of the event	<ul style="list-style-type: none"> • To make aware students of International Yoga Day • To make aware students of the theme.
The outcome of the Event	<ul style="list-style-type: none"> • It improves strength balance and Flexibility and also it gives knowledge” How to take care of our body”. • It also teaches discipline in our daily routine.

Photo Gallery



Sulakshana Surti
Hon. Director
SMT. J. H. WADHWA COLLEGE OF TECHNOLOGY
KOTHARI COLLEGE OF MANAGEMENT STUDIES
Opp. Inlaks Hospital, Chembur Colony,
Mumbai - 400 074. Tel.: 8291889881



**Smt. Jamnabai H. Wadhwa College of Technology (BCA)
And Kothari College of Management Studies (BMS)**

Opp. Inlaks Hospital, Chembur Colony, Mumbai - 400 074. Tel.: 8291889881

E-mail : hemukalani_trust@yahoo.co.in. Website : www.sindhuputra.com

Report on Yoga Day

Academic Year 2018-2019

Name of Department	BCA-BMS
Name of event organized	Seminar
Title of the event	International Yoga Day Theme: Yoga for Heart
Date of event organized	21/06/2019
Name of the coordinator of the event	Mrs. Reshmi Jolly, BCA Coordinator Mrs. Savita Patil, BMS Coordinator
Class of participant	<ul style="list-style-type: none"> • SY-TY BCA • SY-TY BMS
Name of the Expert with the designation	Miss. Rita Vazirani, Swami Vivekanand Education Society Yoga Academy.
The objective of the event	<ul style="list-style-type: none"> • To make aware students of International Yoga Day • To make aware students of the theme.
The outcome of the Event	<ul style="list-style-type: none"> • It improves strength balance and Flexibility and also it gives knowledge "How to take care of our body". • It also teaches discipline in our daily routine.

Photo Gallery



Reshmi
HOD Director
SMT. J. H. WADHWA COLLEGE OF TECHNOLOGY
KOTHARI COLLEGE OF MANAGEMENT STUDIES
Opp. Inlaks Hospital, Chembur Colony,
Mumbai - 400 074. Tel.: 8291889881



**Smt. Jamnabai H. Wadhwa College of Technology (BCA)
And Kothari College of Management Studies (BMS)**

Opp. Inlaks Hospital, Chembur Colony, Mumbai – 400 074. Tel.: 8291889881

E-mail : hemukalani_trust@yahoo.co.in. Website : www.sindhuputra.com

Report on Yoga Day

Academic Year 2020-2021

Name of Department	BCA-BMS
Name of event organized	Webinar
Title of the event	International Yoga Day Theme: Yoga for Wellness
Date of event organized	21/06/2021
Name of the coordinator of the event	Mrs. Reshmi Jolly, BCA Coordinator Mrs. Shobha Kokane, Faculty
Class of participant	FYBCA, SYBCA, TYBCA, FYBMS, SYBMS, TYBMS
Name of the Expert with the designation	Ms. Radhika And Ms. Surbhi Chadha
The objective of the event	<ul style="list-style-type: none"> To make aware students of International Yoga Day Awareness about yoga, Advantages of yoga and different Asanas.
The outcome of the Event	<ul style="list-style-type: none"> Knowledge about different yoga Asanas and their benefits. It also teaches discipline in our daily routine.

Photo Gallery



Surbhi
Hort. Director
SMT. J. H. WADHWA COLLEGE OF TECHNOLOGY
KOTHARI COLLEGE OF MANAGEMENT STUDIES
Opp. Inlaks Hospital, Chembur Colony,
Mumbai - 400 074. Tel.: 8291889881



AMAR SHAHEED HEMU KALANI YADGAR MANDAL'S

**Smt. Jamnabai H. Wadhwa College of Technology (BCA)
And Kothari College of Management Studies (BMS)**

Opp. Inlaks Hospital, Chembur Colony, Mumbai - 400 074. Tel.:8291889881

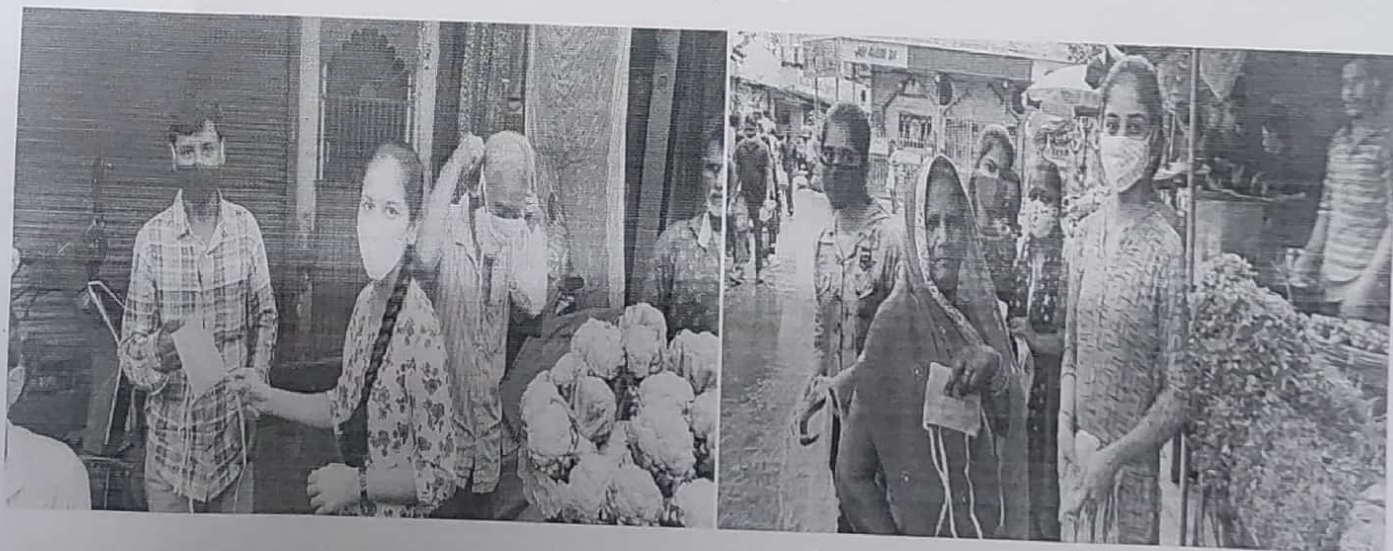
E-mail : hemukalani_trust@yahoo.co.in. Website : www.sindhuputra.com

Free Mask and Sanitizer distribution 4/03/21

Academic Year 2020-2021

Name of Department	BCA-BMS
Name of event organized	Awareness Programme.
Title of the event	Free Mask & Sanitizer Distribution.
Date of event organized	4/03/21
Name of the coordinator of event	Mrs.Savita Loke Ms.Niketa Pillai.
Class of participant	TYBCA, TYBMS
Event organized by	Hemu Kalani Yadgar Mandal, Smt J.H Wadhwa College of Technology(BCA) Kothari College of Management Studies(BMS)
Objective of the event	To give the awareness among the public and give the free of face mask and hand wash Sanitizer.
Outcome of the Event	Wearing masks, hand hygiene, and social distancing may contribute not only to the prevention of COVID-19 but also to the decline of other respiratory infectious diseases.

Photogallery



Sulini

Hon. Director

SMT. J. H. WADHWA COLLEGE OF TECHNOLOGY
KOTHARI COLLEGE OF MANAGEMENT STUDIES
Opp. Inlaks Hospital, Chembur Colony,
Mumbai - 400 074. Tel.: 8291889881